



# Reminder

Join us on **Sunday 11<sup>th</sup> September** at **7:15pm** for a talk by David Rothfield, climate activist and volunteer presenter for Beyond Zero Emissions, on the topic:

# Can we afford to go for zero carbon emissions? Can we afford not to?

37 Margaret St, Carnegie

Gold coin donation – Supper provided

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One of JECO's aims is "to educate and encourage individuals to 'tread softly on the face of the earth'; i.e. to minimise their environmental footprint." This month Eva Light gives us more tips for reducing household waste.

If you would like to contribute an article of your own, please email me <u>flitman@optusnet.com.au</u>

Evelyn Flitman

JECO President

# Minimising your contribution to landfill



This small green compostable bag (pictured) is what my household, consisting of two people, sends to landfill each week. I am aiming for zero waste with my composting and recycling routines.

### How do I do it?

The way I reduce my household's landfill is to compost all vegetable peelings, discarded cooked foods, tissues, vacuum cleaner dust, human and pet hair, egg cartons, paper bags and torn cardboard. We have two compost bins, a worm farm and a bokashi bucket that composts meat and dairy which are unsuitable for composting and

worm farming. This composting system provides beautiful nourishing soil for our productive veggie and fruit garden.

Our paper shredder works overtime while it is fed newspaper, discarded mail and out-of-date financial and academic paperwork. Shiny paper is excluded as the inks are poisonous to garden soil unlike coloured pictures in newspapers which are safe. All this shredded paper provides much needed carbon for the compost and the worm farm. Worms are avid readers, I mean, paper eaters.

Waste items such as packaging, bottles and containers are placed into the council yellow bin after I've checked what is suitable in the guidelines the council provides. Green gardening waste such as weeds, branches and prunings go into the council green bin. I deliver all plastic bags, plastic packaging and clean used gladwrap to the supermarket bin that's provided to recycle plastic into furniture for schools and other uses.

Hence my small offering to landfill which I am aiming to reduce to zero.

### **Free giveaways**

We have a number of sustainability items to give away, including:

- door and window weather seals to seal gaps under doors and reduce draughts
- a water-saving shower head
- a retro flush water saving device to convert a single flush toilet to a double flush. Easy to install. No tools required. Suits most single flush toilets
- several Philips energy-saving light globes:
  - $\circ$  8W ( $\rightarrow$  40W) screw or bayonet mount, in cool daylight or warm white
  - $\circ$  12W ( $\rightarrow$  60W) screw or bayonet mount, warm white
  - 14W ( $\rightarrow$  60W) screw mount.

These can be collected from our talk on 11<sup>th</sup> September, or contact Evelyn 0402 894 968.



### **Our survey results**

You may have read in the Jewish News (Friday 1<sup>st</sup> September) about the results of the survey that we carried out at the With One Aim festival. Among other findings, the survey indicates that protecting the planet is high on the list of concerns for the Jewish community.

The full report can be found on the <u>Resources</u> page of our website.

## **Koala Clancy Foundation**

The <u>Koala Clancy Foundation</u> is a not for profit incorporated association set up to support the wild koalas of the Western Plains of Victoria, particularly around the You Yangs and Brisbane Ranges west of Melbourne.

The Foundation began in July 2015 in response to a 46% decline in koalas in the You Yangs over the seven years from 2007 to 2014. The foundation takes over and supports the conservation and research work of Echidna Walkabout Nature Tours, a social enterprise nature tour operator.

The Foundation runs Koala Conservation days twice a month at which participants search for koalas, monitor their behaviour, make a home for wild koalas by removing weeds from their habitat and maybe even plant and nurture new trees, etc - all in the company of a highly experienced Koala Researcher. Cost is \$20 per person.

If you would be interested in joining a JECO activity day at the Foundation please email <a href="mailto:info@jeco.org.au">info@jeco.org.au</a> .

## What's happening in your shtetl

### Sustaining creativity: children's program

Glen Eira City Council is running four workshops during the September school holidays to engage children in creative art explorations using sustainable materials. These will be run at the Council's Gallery.

For children aged 5 to 9: Sunday 18 September and Wednesday 28 September

For children aged 10 to 14: Wednesday 21 September & Saturday 24 September

Admission is free but bookings are essential - contact 9524 3333.

### Gardening in Australia's climate

### Tuesday 20 September 7-9pm, Caulfield Park Pavilion – Balaclava Rd, Caulfield

Sustainable Gardening Australia's Richard Rowe will discuss the role of garden zones and plant selection, indigenous and exotic plants that love dry climates, how to improve your soil's water holding capacity, types of mulch, and how to capture and store rainwater and irrigation options. Bookings essential - 9524 3333 or online at <u>www.gleneira.vic.gov.au/scp</u>.

### Habitat gardening and frog ponds

**Tuesday 4 October 7-9pm**, Glen Eira City Council Theatrette, corner Glen Eira & Hawthorn Rd Caulfield

Do you want to attract birds, bees and frogs into your garden? Port Phillip Eco Centre's Neil Blake will discuss how to create a habitat garden, what shelters and food sources attract birds, frogs, butterflies, lizards and mammals, and how to build a simple frog pond. Bookings essential - 9524 3333 or online at <u>www.gleneira.vic.gov.au/scp</u>.

### Free mulch for Glen Eira residents

... available from the Council's storage facility in Caulfield East, at Glen Huntly Park, corner Booran and Neerim Rds. No cost. Access to the facility is via the car park, 7 days a week.

The mulch is generally from the shredded prunings of park and street trees. Note that supply cannot be guaranteed as the facility sometimes runs out during high demand periods.

If you have any relevant activities you would like to promote through JECO eNews, please email details to <u>info@jeco.org.au</u>.

You can now make an online tax deductible donation to JECO at <u>http://www.givenow.com.au/jeco</u>.

JECO is on Facebook at <a href="http://www.facebook.com/JECO.AUS">http://www.facebook.com/JECO.AUS</a>.

JECO works to deepen the Jewish community's commitment to caring for the earth. We believe there is a religious as well as a moral obligation to protect the environment. To this end we work with Jewish, secular and multi-faith groups in supporting activities that promote sustainability.